

No interest in exercise ? Finding it boring? We are here to help!

Solution Overview

With our new smartwatch, you will enjoy the newest features so you create a healthy and sporty routine!

Find buddies to exercise together, create customized training especially for you, explore new jogging routes nearby and keep track of your accomplishments!



Core Tasks

Simple Jogging

Key Components: Quick Start Routes BMI LeaderBoard Medium Social Network

Key Components: Share Training Share Score Add Friends Complex Credibility Plan

Key Components: Set a customized plan based on customers characteristics And goals.

Paper Prototype Quick Start Routes Oppening Screan Joging 4:00 12:00 QuickStart Juga Routes Socal Network BMI Franks a creakboldy pha Leaderboard

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## Paper Prototype Testing

- Procedure & Recruitment
- We challenged four participant's to try out our Prototype App, and determine what causes issues and leads to mistakes...
  Each participant tried different approaches via our "simple" UI.
  Demographics & Recruitment :

22yo Male Student ;20yo Male Student ;21yo Female Student;51yo Adult Female.





## Improvements

Users can now willingly use Scroll mechanism to select options such as Gender, Age, Weight and Height. The Implementation of this option is due to an easier use for others in motion and/or problematic situations.



Our main goal is to set up a very Simplistic Jogging Application with our mission being close to accomplished.



The System has also included a Login Button which is navigated by Scroll Options as well as Typing or Selecting mechanisms. Users have an option to change screens much easier then before with the new Red indicator on the top right (usually). We've implemented the Social Network Button on our new Main Menu Screen which will be further improved in the future. Routes are selected on click and the Destination is chosed by users' current locations.







SOCIAL CREATE A PLAN



x3 15 push-ups x5 20 squats x2 50 tunges 5km running

More choices are now Available for our Workout Plan Setup. New Features added : Age, Fat Percentage and Goal have been added to the System. Excercises strictly based on user's Goal and BMI values.

Implementation of the "Pause Screen" has been added affecting only the QuickStart Method.

All Excercises are available online and are no different from the ordinary training tutorials.



Workout Plan

## Prototype Overview

We managed to incorporate all the features that we planned originally.

For the **Wizard of Oz** techniques, we have a **BMI** calculator which provides a result based on user input, and a training plan creator which provides recommended exercises for the users statistics.

The data such as the **BMI** result, training plan, user profiles and shown routes are all hardcoded into the prototype.

## Thank You! Cheers!

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