

H.O.W Y.O.U
D.O.I.N.'?

COUCH POTATOES:

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https://docs.google.com/presentation/d/1QcX_GhjTniroOTe3ywyFo4hjCUihEzJaxOZbiL21ork/edit#slide=id.g58bba8eef5_0_891

Proposition and overview



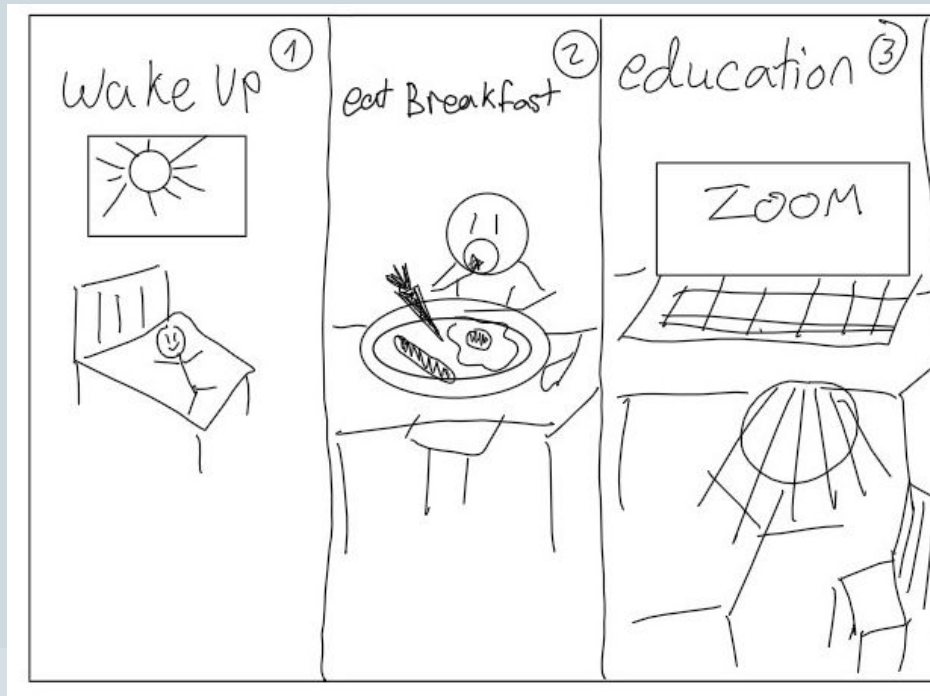
“ENCOURAGING HEALTHY LIFESTYLE AVATAR”

the user should take care after an avatar that reflect an optional users lifestyle.

in order to keep the avatar healthy the user should make right choices about everyday routine.

Storyline

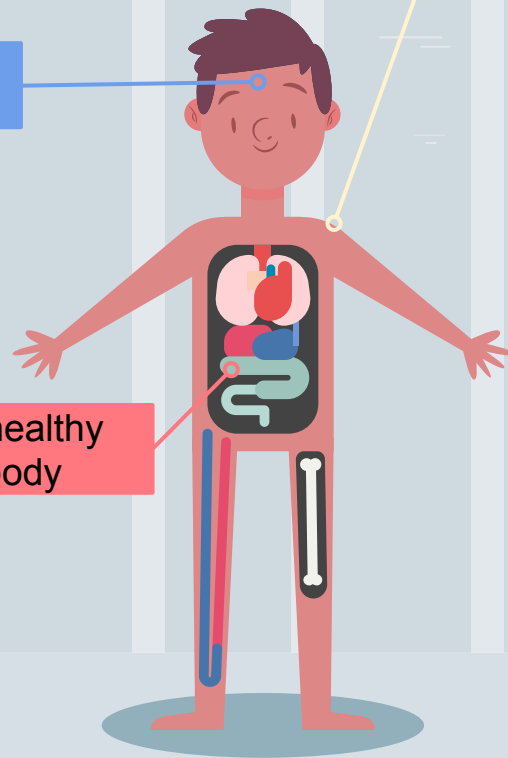
daily routine of a user



3) healthy brain

2) healthy body

1) full of energy



Storyline

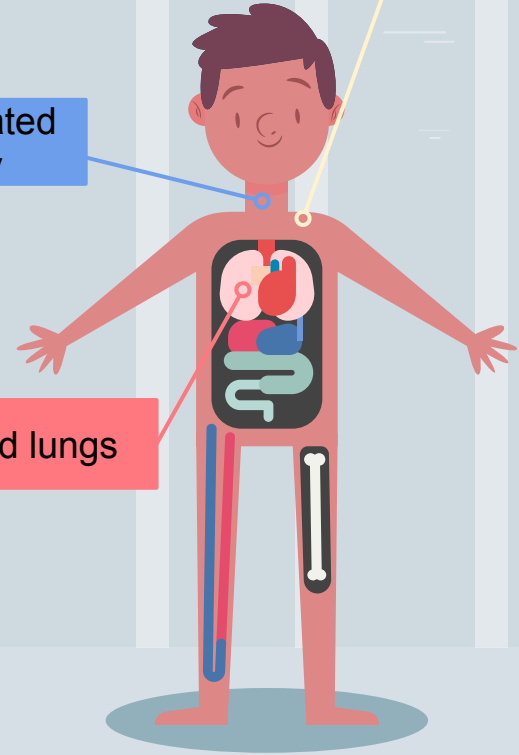
daily routine of a user



5) hydrated body

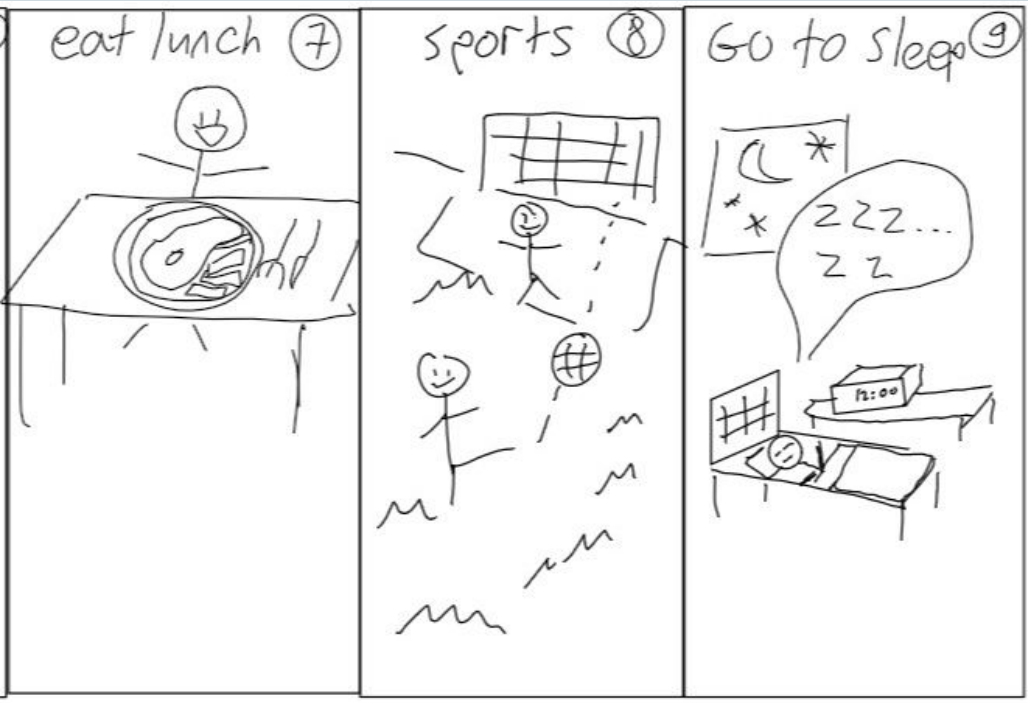
4) bad lungs

6) no stress



Storyline

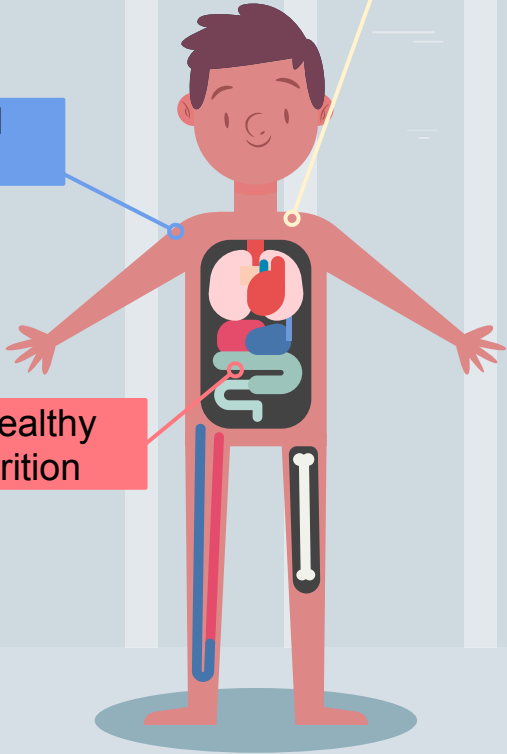
daily routine of a user



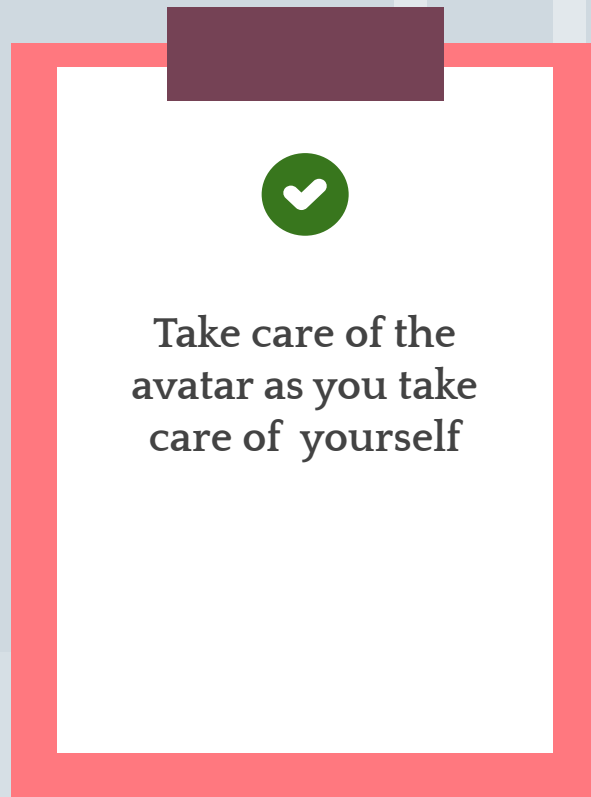
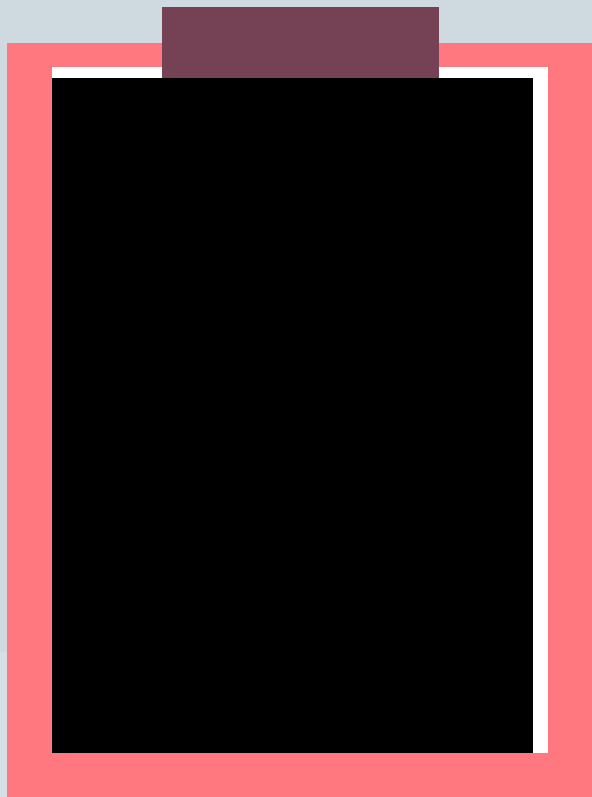
8) good shape

7) healthy nutrition

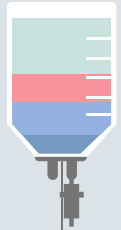
9) restore energy



BALSAMIQ VIDEO



TESTING



METHODOLOGY

DEMOGRAPHICS & RECRUITMENT

Young adults- friends & family

PROCEDURE

- Explain the goal of the app
- Question the user about their experience

LEARN



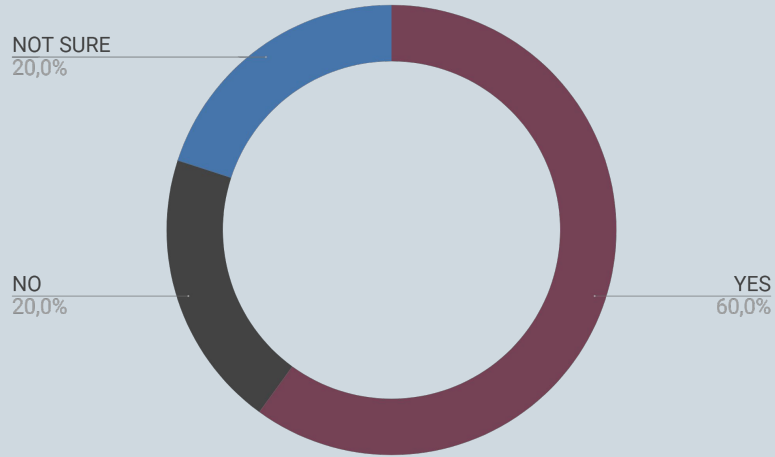
CHANGE

- user like the relatable avatar
- user want to have feedback
- user don't want to read long texts

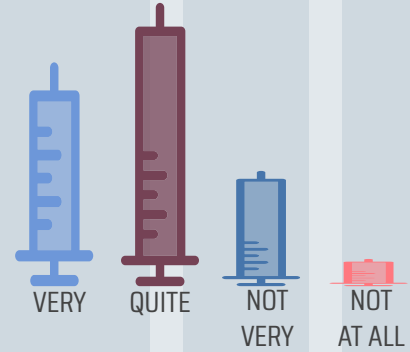
- shorter feedback
- added more everyday actions
- added images that illustrate objects that you see on a daily basis

FINDINGS

DID THE APP MADE THE PARTICIPANTS FEEL MORE CONSCIOUS ABOUT THEIR HEALTH?



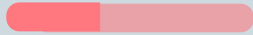
DID THE APP CONVINCED THE PARTICIPANTS TO MAKE AN ACT AND CHANGE SOMETHING IN THEIR DAILY ROUTINE?



PROTOTYPE OVERVIEW

LIMITATIONS

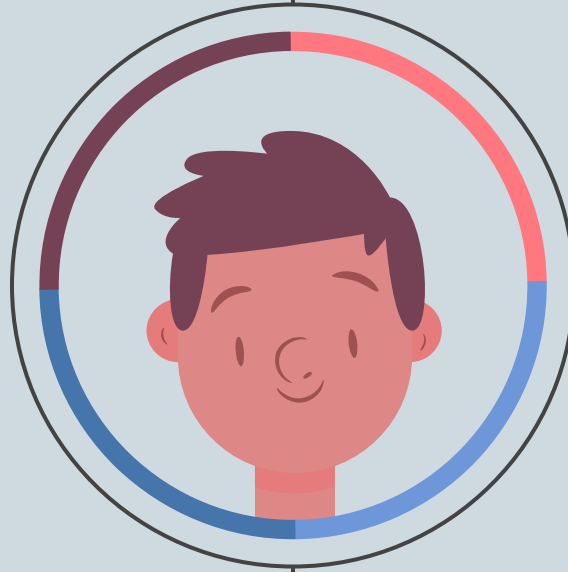
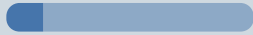
WE CAN'T SHOW ALL THE SCENARIOS



NOT ENOUGH MEDICAL EXPERTISE



CAN'T FIND OR CUSTOMIZE ACCURATE PICTURES OF A SPECIFIC STATES OF THE AVATAR



TRADEOFFS

WE MADE WIZARD OF OZ AND CREATED ONE SCENARIO



WE USED COMMON SENSE WITH INTERNET INFO SUPPORT



WE COMBINED PICS WE FOUND ONLINE THAT REPRESENT THE IDEAS WE WANTED EVEN IF THEY ARE NOT PERFECT

